

PALLIATIVE CARE 101

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Goals for today:

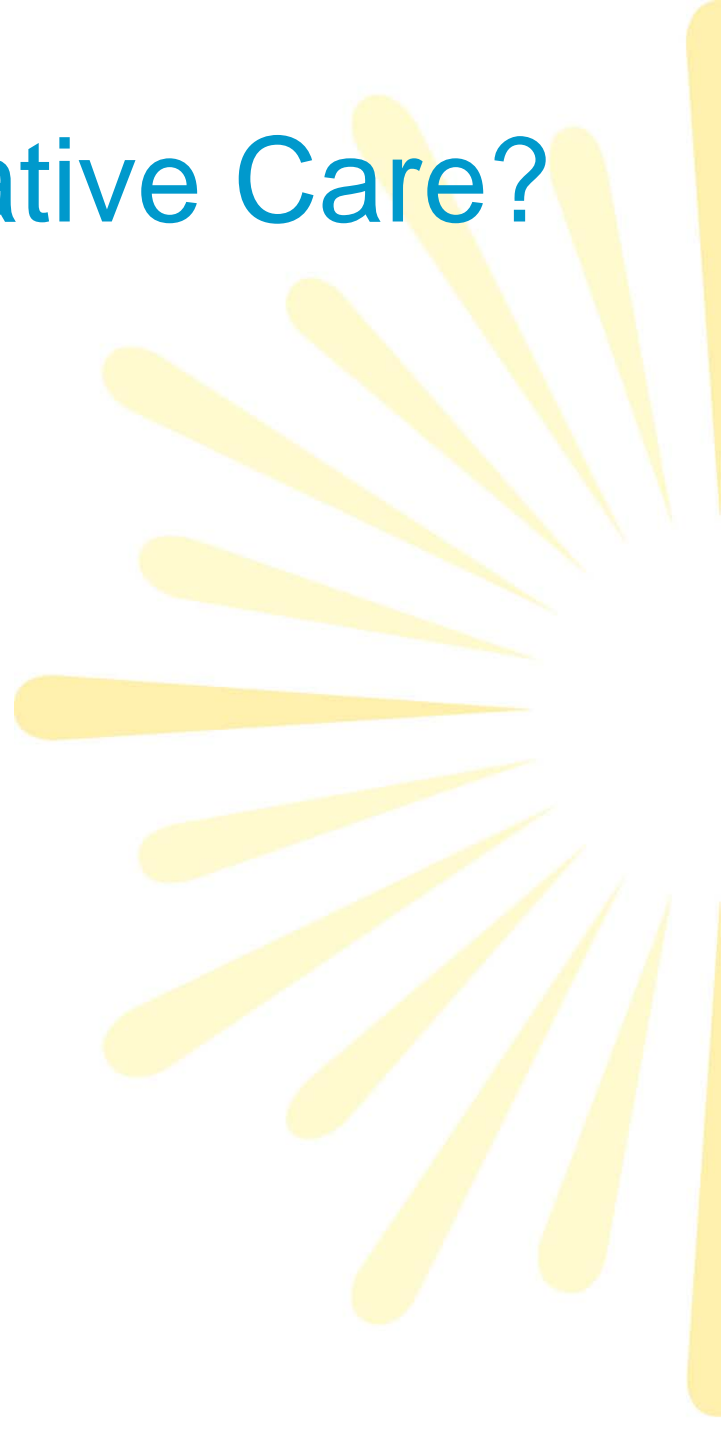
1. Understand what is palliative care and how does it differ from Hospice Care?
2. Who provides Palliative Care?
3. How Palliative Care supports the care and values of rural communities and hospitals.

So just what is Palliative Care?

- Medical Care or treatment that concentrates on reducing the severity of disease symptoms
- Goals is to prevent suffering and improve quality of life
- Non-hospice palliative care is not dependent on prognosis and is in conjunction with curative and all other treatments

Who Provides Palliative Care?

- Clinical Nurse Specialist
- Nurse Practitioner
- Physician



Palliative Tenants:

- Model for quality, compassionate care for people facing life-limiting illness or injury
- Interdisciplinary approach to care delivery
- Expert pain/symptom management
- Emotional and spiritual support tailored to patients needs and wishes.
- Family support
- Right to die pain free and with dignity

Hospice

- Hospice is caring not curing
- With hospice a physician must certify that a patient is in the last 6 months of life
- Curative treatment for the disease or illness is halted.

Palliative Hospice Difference

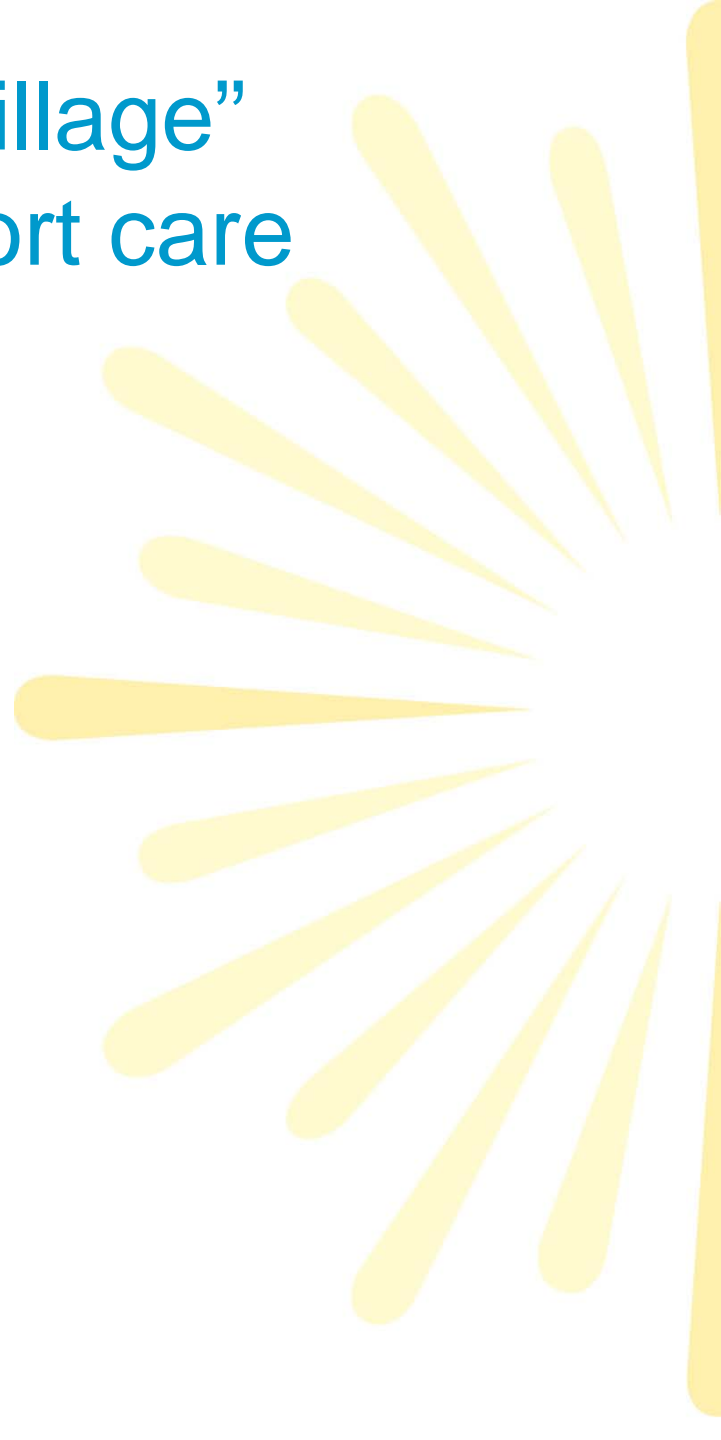
- Palliative extends hospice principles to a broader population that could benefit from receiving this type of care earlier in their illness or disease process
- No therapy is excluded (i.e. chemo)
- No 6 month certification
- Palliative segues to hospice care as the illness progresses.

Common Chronic Conditions treated under Palliative

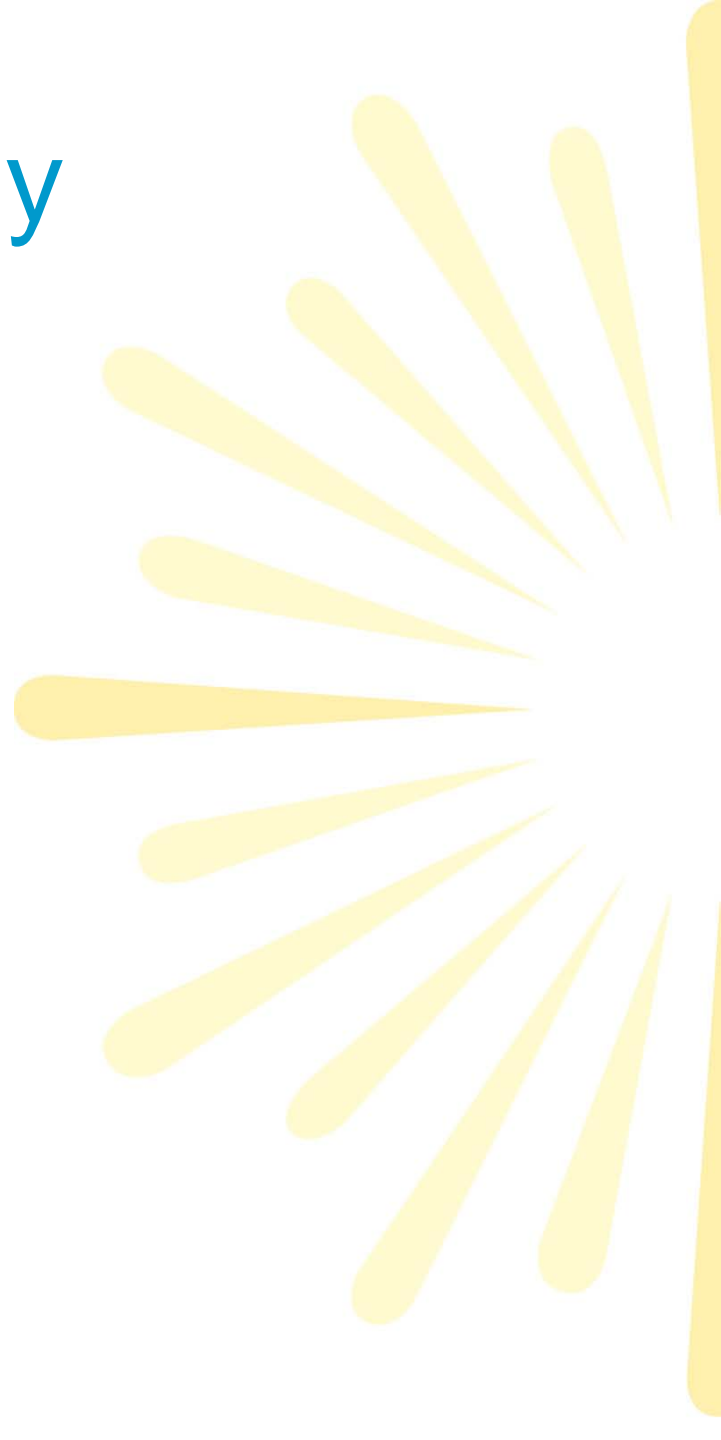
- Advance stages of cardiac
- Pulmonary
- Renal Disease
- Dementia and other progressive neurological diseases
- 80% of patients with end-stage heart failure will have pain, 63% will die with severe dyspnea and 70% with depression

It “takes a rural village” approach to support care

- Physicians, NP’s, Nurses
- Social Workers
- Chaplains
- Pharmacists
- Mental Health Providers
- Rehab therapists
- Families and friends



Case Study



Contact Us

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