

Leadership Education And Development Series

The National Rural Health Resource Center, along with its partners, is pleased to announce the L.E.A.D. Series, an innovative leadership development series for both new and experienced health care managers. This four-part series is open to professionals interested in strengthening and Improving their leadership skills and capabilities.

Coaching for Performance

Wednesday, December 14, 2011
Sheraton Duluth Hotel
9:00 — 3:30 PM
Duluth, MN

The term “coaching” applies not only to sports, but also to the workplace. As with sports teams, you may have a team member who excels in one area but who struggles in another. Well intended managers can be challenged by how to express helpful feedback, what to do when the employee reacts defensively and following through after the coaching conversation. This workshop offers skill building for all of these challenges and more, leaving managers more confident and prepared especially for the difficult coaching conversations, and also for the coaching conversations that need to occur to help high performers grow.

Peer Today, Boss Tomorrow

Wednesday, June 6, 2012
9:00 — 3:30 PM
Duluth, MN

So you are a new manager who used to work right alongside the people you now supervise. How do you achieve success in this new role and manage the potential problems that can arise? This one-day workshop teaches four strategies for navigating the changing relationship from peer to supervisor/manager. “Peer Today, Boss Tomorrow” uses group activities, discussion, video vignettes and action planning for success.

Leading Change When Change is Hard

Wednesday, March 14, 2012
9:00 — 3:30 PM
Duluth, MN

Change is constant, but our brains like habits. An effective leader must take on the challenge of change with skill and a sense of humor. This workshop brings together best practices from John Kotter, a leader in organizational change, as well as the work of Chip Heath and Dan Heath, whose research highlights the impact of the rational and emotional sides of our brain and how they must come together for change to occur. Through interactive exercises, participants will learn about the components of change and the role the brain plays.

The Power of Three: Time Management, Delegation and SMART Goals

Wednesday, September 19, 2012
9:00 — 3:30 PM
Duluth, MN

Delegating can be challenging. Struggling to delegate might be based on wanting something to be done “right” (*the way we do it*), being uncomfortable asking others to do something, letting go of control, and a host of other reasons. It can make leaders feel they are constantly putting out fires and often not being able to measure the real results of your efforts. When we build on a strong foundation of SMART goals (*Specific, Measurable, Attainable/Action oriented, Realistic/Relevant/Recorded and Timely*), then use our time optimally and delegate intentionally – it puts the leader back in the driver’s seat.

For more information about the sessions, including workshop objectives, and to register online please visit:

<https://secure.ruralcenter.org/lead>



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Presenter Information

Jo Anne Preston is the Workforce & Organizational Development Manager for the Rural Wisconsin Health Cooperative--RWHC. RWHC serves rural hospitals in WI with a variety of products and services to support and enhance rural health-care. Jo Anne has over 25 years of experience in leadership in health-care, primarily rural health care.

Continuing Education

This series has been approved for continuing education credits for healthcare executives, nurses and nursing home administrators.

Workshop Fees

\$150 to attend 1 session or
\$480 to attend all 4 sessions

If a facility sends 3 or more individuals, the rate drops to \$120 per session per individual.

L.E.A.D. Series Partners



Northern Lakes
Health Consortium

