



# Breathe relief INTO YOUR LIFE

## Pulmonary rehab at <hospital name> can go here>

At <hospital name>, pulmonary rehab teams individualize plans to help people with chronic lung conditions take control of their health and lives. Respiratory therapists, specialists and providers customize programs that include education, exercise, nutrition counseling and emotional support to help patients set—and achieve—goals they didn't know were possible.

### PULMONARY REHAB HELPS CONDITIONS INCLUDING:

- Asthma
- Chronic obstructive pulmonary disease (COPD)
- Emphysema
- Post-COVID lung damage
- Chronic bronchitis
- Cystic fibrosis
- Heart conditions that cause breathing problems



**Amenity**  
HEALTH

**Complete care where it's closer for you and your family.**

Ask your primary care provider about pulmonary rehab at <hospital name> and learn more at <hospital website>.