



IN 14 YEARS SHE'LL GRADUATE WITH A DEGREE IN ARCHITECTURE.

Will you see her throw her
cap in the air?

REGULAR BREAST CANCER SCREENINGS ARE IMPORTANT FOR YOU. AND THE ONES YOU LOVE.

If you're considering whether to get a breast cancer screening, consider who else your decision might affect. Breast cancer is the second-leading cause of cancer deaths in women in the U.S. behind lung cancer. Start regular self-exams and mammograms at the age of 40, or sooner if you have a family history. Early detection can lead to longer, happier lives. For everyone.

WHO SHOULD BE SCREENED & WHEN:

- Women between 40-44 have the option to start screening with a mammogram every year.
- Women 45-54 should get mammograms every year.
- Women 55 and older can get mammograms every other year.

SCREENINGS

Mammograms are the most common diagnostic test for breast cancer screenings. But most often, the best place to start is with regular self-exams. Learn how easy they are to do here: breastcancer.org/screening-testing.

Mammograms are low-dose X-rays of the breast and are performed by two different methods:

- 2D Mammogram: Image of breast using two X-ray images.
- 3D Mammogram: Creates 3D pictures using breast X-rays from several different angles. Current studies have shown 3D mammograms find more cancers than traditional 2D and are believed to reduce the number of false positives.

Learn more at <CUSTOM URL HERE>.

Schedule a preventative screening at <CUSTOM PHONE NUMBER HERE> or talk to your healthcare provider.

