



# HE IS YOUR FIRST GRANDCHILD.

Make sure you can spoil him against his parents' wishes for years to come.

## REGULAR COLORECTAL CANCER SCREENINGS ARE IMPORTANT FOR YOU. AND THE ONES YOU LOVE.

If you're considering whether to get a colorectal cancer screening, consider who else your decision might affect. Colorectal cancer is the third-most common cancer worldwide. It's recommended that men and women with an average risk start getting screened at age 45, and those with a close relative diagnosed before age 50 start screening around age 35. Early detection can lead to longer, happier lives. For everyone.

### WHO SHOULD BE SCREENED & WHEN:

- Men and women with an average risk should start getting screened at age 45.
- If you have a family history of colon cancer, in particular a close relative diagnosed before age 50, you might be advised to start screening around age 35.
- It is recommended to get screenings every 10 years after your first screening.

### SCREENINGS

Although a colonoscopy is the most common type of screening for colorectal cancer, there are a few other types of tests that can be taken. Check with your doctor for which is best for you.

- Colonoscopy
- CT Colonography (Virtual Colonoscopy)
- Flexible Sigmoidoscopy
- Stool Tests:
  - Guaiac-based fecal occult blood test (gFOBT)
  - Fecal immunochemical test (FIT)
  - FIT-DNA test

Learn more at [info@abc-hospital.com](mailto:info@abc-hospital.com).

Schedule a preventative screening at [800-555-1234](tel:800-555-1234) or talk to your healthcare provider.

