



Aging/Long-term Care

Here are six resources to review and to help support your knowledge and understanding of this topic prior to the discussion.

[Rural Aging in Place Toolkit](#)

Author: Rural Health Information Hub (RHIhub)

The toolkit compiles evidence-based and promising models and resources to support organizations implementing aging in place in rural communities across the US. The modules in this toolkit contain resources and information focused on developing, implementing, evaluating and sustaining rural aging in place programs.

[Toolkit: State Strategies to Support Older Adults Aging in Place in Rural Areas](#)

Author: National Academy for State Health Policy (NASHP)

This toolkit highlights state initiatives to help older rural adults age in place by increasing services that help people remain in their homes, expanding and professionalizing the caregiver workforce, improving transportation access and services, and making delivery system reforms within Medicaid programs.

[Rural Hospice and Palliative Care](#)

Author: Rural Health Information Hub (RHIhub)

This topic guide describes hospice and palliative care challenges and strategies in rural areas. The guide also includes rural-specific resources,



organizations, funding and opportunities, and models and innovations related to hospice and palliative care.

Rural Palliative Care Resource Center

Author: Stratis Health

Since 2008, Stratis Health has pioneered processes for establishing and supporting palliative care services in smaller, rural communities. Recognizing that existing best practices were designed for large hospitals, Stratis Health has addressed this gap by working with more than 40 rural communities across the country to build capacity to offer palliative care services.

Changing How We Think About Palliative Care

Author: American Heart Association; Center to Advance Palliative Care (CAPC)

Today's palliative care strategies help patients living with serious illnesses not only manage their symptoms and pain, but also set care goals, stay on track to meet those goals and live their best lives. That's good for the patient and good for health care providers.

This resource from the American Hospital Association and the Center to Advance Palliative Care (CAPC) walks hospitals and health system leaders through a reexamination of their approach to palliative care, identifying patients needing additional support, and building a care plan centered on the whole patient, both clinical and emotional needs.

Sustainability Strategies for Community-based Palliative Care

Author: Stratis Health

Financing and reimbursement are primary challenges in developing and sustaining community-based palliative care services. Based on input provided through roundtable discussions with rural palliative care programs in a multi-state project, Stratis Health has gathered a summary of field-



tested approaches to assist rural community-based palliative care programs in identifying strategies to support and sustain services. This document describes themes identified in promoting a business case and offers examples of sustainability strategies and resources used to support palliative care services in rural communities.

[IHI Age Friendly Health Systems Information](#)

Author: Institute for Healthcare Improvement

This website provides resources and tools on what it means to be an age-friendly health system. Please note that you may need to set up a free log-in to download materials.