



Alaska's Behavioral Health Workgroup

Alaska Flex Program

Telehealth in Alaska

ALASKA IS VAST!

- Alaska's tribal CAHs were able to ramp up quickly during the COVID crisis
- Many other CAHs are part of a larger hospital system

The Alaska Behavioral Health Workgroup

- Started in 2019
- Meets every other month
- About half of Alaska's CAHs participate as well as other entities
- Share best practices, provide situational awareness, advocate

Alaska Behavioral Health ECHO

- 12 part series
- Curriculum developed by physicians and psychiatric nurse consultants
- Assist professionals working in rural areas to treat patients experiencing behavioral health issues
- Now on hold

De-Escalation Training

- Held in April 2021 between COVID surges
- Trauma-informed de-escalation training with special emphasis on psychiatric and medical contributing factors

A photograph of the Aurora Borealis (Northern Lights) in a dark night sky. The aurora appears as vibrant green and blue streaks and bands of light, flowing across the frame. The background is a deep black with scattered white stars.

Thank You

Cate Harmon

Alaska Flex Program

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