

IBH's vision is to provide whole-person care through the integration of behavioral health by engaging and educating the community in coordinated care. Integrating behavioral health is a key strategy of success towards the progression of population health and value based care.



Community Memorial Hospital (CMH)

CHM is a 25-bed critical access hospital located in Cloquet, Minnesota. They are dedicated to their mission, which is to improve and enhance the health and well being of individuals and their community through education, prevention, treatment, and intervention.

In 2017, the hospital began participating in Rural Health Innovation's IBH Program funded by the Minnesota Department of Health, Office of Rural Health and Primary Care.

// Project Goals

- To obtain faster screenings to reduce readmissions to the emergency department (ED)
- Create a directory of community services

// Target Population

16-60 year old's with substance abuse and alcohol withdrawal

// Strategic Objectives

- Healthy community activities
- Community sharing and assets
- Provider sharing
- Educate staff and community on mental health and stigma
- Improve outcomes, such as increase the number of assessments being done in the ED for mental health and decrease length of stay in the ED.

// Top Accomplishments

- Increased collaboration with community members
- Promoted Carlton County Resource Guide (including info about housing, food, suicide hotline, etc.) for local resources
- Created "resource wall" for patients and families in the ED
- Implemented PHQ9 in ED and family clinic
- Successfully initiated facility events to eliminate stigma

// Positive Outcomes Within 12 Months

- Increased scheduling patients from ED into family clinic
- Increased utilization of external programs for mental health assessments
- Increased utilization of mental health services

Decreased ED Length of Stay



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