

Comprehensive Discharge Instructions

- Patient name/diagnosis
- Admission and discharge date
- Disease specific instructions (preferably “stop-light model”)
- List of new medication, those to continue and those to stop based on admission and discharge medication reconciliation
- List of DC medications, description, purpose, dosage
- Medication calendars (generic and brand name), # of pills and time of day to be taken
- Potential side effects of medication to report to PCP
- Dietary recommendations
- Activity limitations
- Special instructions such as dressing change etc.
- Post DC appointments with whom, where, and telephone #
- Who to reach for what and when
- Post discharge arrangement (DME, HH, Hospice...)
- Pending tests and results
- Utilize a discharge preparation checklist for pt. (Appendix)