

# Flex Cooperative Agreement Guidance Resources

The Flex Program is administered through the Federal Office of Rural Health Policy (FORHP) at the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS). The Flex funding to states is administered as a cooperative agreement in both competitive and non-competitive grant cycles. The fiscal year (FY) 2021 (September 1, 2021 – August 31, 2022) is the third year of a 5-year cooperative agreement cycle. Flex cooperative agreement guidance for each year of the funding cycle can be accessed on the [Flex Cooperative Agreement Guidance](#) page of the [Technical Assistance and Services Center \(TASC\) website](#).

The competitive application for the Flex cooperative agreement occurs electronically through the [grants.gov website](#). Each program year is September 1 – August 31.

The [Core Competencies for State Flex Program Excellence Guide](#) includes a section dedicated to managing the Flex Program, with tips and resources for managing the cooperative agreement and resources for grant writing.

For an easy-to-use manual on writing Federal grant applications, with tips on grant management, please review the [Federal Grant Writing Manual](#).

A [Federal Grant Writing Manual Workshop](#) was held in September 2014. Resources from this Workshop, including many examples related to the Flex Program, are available online.

For more information on applying for a federal grant, please visit the [grants.gov Apply for a Grant webpage](#). For Federal Funding Accountability and Transparency Act (FFATA) implementation requirements, please visit the [HRSA website](#). For technical assistance resources from HRSA's Grants Management, please visit the [Manage Your Grant Workshop webpage](#). Consider becoming a HRSA grant reviewer. For more information, please visit the [HRSA Grant Reviewers webpage](#).