

1

NATIONAL RURAL HEALTH RESOURCE CENTER

#### Flex Coordinator Learning Collaborative Week 5

#### **Success In Healthcare Transformation**

Return on Investment to Value Based Care

#### Shannon S Calhoun

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#### The Center's Purpose

The National Rural Health Resource Center (The Center) is a nonprofit organization dedicated to sustaining and improving health care in rural communities. As the nation's leading technical assistance and knowledge center in rural health, The Center focuses on five core areas:

- Transition to Value and Population Health
- Collaboration and Partnership
- Performance Improvement
- Health Information Technology
- Workforce



#### Webinar Series

- 1. Healthcare Transformation: Understanding Payment and Delivery Reform
- 2. Success in Transformation: How Population Health can grow Primary Care (the leader of healthcare transformation).
- 3. Delivery Reform for Payment Reform: Practice Transformation
- 4. How to demonstrate Value: Hierarchal Condition Category Coding
- 5. Return on Investment to Value Based Care
- 6. The Big Picture-RESULTS MATTER



#### Context: Knowing Your Value = Success

CMS has a compelling reason to transform from volume to value.

> CMS leads the country in influencing healthcare payment reform.



<u>What Value does Rural</u> <u>Providers offer to CMS and</u> <u>other payors?</u>



#### Context: Knowing Your Value = Success (con't)

Rural Providers will benefit from population health programs. They are currently positioned to adopt and adapt.



Population Health, **Prevention and Wellness** is the basis of transformation. **Primary Care services** grow and flourish in Population Health programs.



#### Context: Knowing Your Value = Success (final)

Pay for value is the future and data MUST reflect value in order to get paid.

Hierarchal Condition Category coding is essential for proper documentation to demonstrate value. Incorporating proper coding and documentation will serve rural providers in all payor relationships thus building a platform for financial success



in the future.



#### The Paradigm Shift

Merriam Webster's definition:

#### Paradigm shift is "an important change that happens when the usual way of thinking about or doing something is replaced by a new and different way. This discovery will bring about a paradigm shift in our understanding of evolution.."



#### Managing the Paradigm Shift

A recent article published in Becker's Review noted:

"healthcare providers are moving from a traditional strategy of buying and building hospitals and simply providing care to a new and more dynamic strategy that focuses on leveraging the platform they have in place to create more value and growth via new and often more profitable streams of revenue."



#### **Discovery Phase**

Payment Reform defines Delivery Reform

No clear endgame for Delivery Reform

No clear endgame for rural providers

Minimal alignment across payor spectrum



Framing the Shift

Multiple payors Multiple payment methodologies Change in demographics Consumer demand **CMS** Timelines Cost of change Technology Relationships



#### Symptoms of a Paradigm Shift

- Change from
  - Payment from Fee for Service to Value Based Care
  - Reactive care, transactional care to proactive managed care
  - Provider siloed care to patient centered care
- Growing divide in demographics and expectations
  - Baby boomers
  - Millennials
- New types of relationships, mergers and aquisitons



Early Results of a Paradigm Shift

## **Providers are Overwhelmed**



# Concerns of the right vision, the right plan, the right trajectory for change

Resistance to change or/and new opportunities



Continued from Becker's Review:

....Simply stated, the healthcare delivery systems of today will increasingly leverage the platform and resources that they have in place to become a hub for both health and healthcare in the future. There is a level of urgency to move quickly. Many feel that if they don't expand the role they play in both health and healthcare in their community, someone else will step in."



#### **Return on INVESTMENT**

How big is the investment? Cost Risk Technology adoption Analytics Staff Relationships **CHANGE** 



## Calculating the ROI

ORTUNITIES (Based on 1000 care lives)		2019 Billing Code	Frequency	#	Approximate Payment	Projected # of Patients	Projected Revenu
Population Health Payme	ents						
	IPPE - Initial Preventive Physical Exam	G0402	First 12 months of Medicare only	1	\$172	200	\$34,400
	Annual Wellness Visit - AWV - Initial	G0438	1 at 11+ months after IPPE	1	\$172	600	\$103,200
	Subsequent Annual Wellness Visit	GO439	every 11 months after initial	1	\$114	300	\$34,200
	Advanced Care Planning >1 to 30 Min	99497	as needed	1	\$86	200	\$17,200
	Advanced Care Planning > 31 Min	99498	follow-up to 99497	1	\$75	100	\$7,500
Chronic Care Management CCM - Initiating Visit - New CCM Patients		G0506	Once	1	\$61	300	\$18,300
	CCM- non-complex >1 to 20 Min	99490	every 30 days	12	\$43	300	\$154,800
	CCM - Complex >1 to 60 Min	99487	every 30 days	12	\$94	200	\$225,600
	CCM - Complex -each additional 30 minutes	99489	as needed	1	\$47	100	\$4,700
Transition of Care Management Transition of Care Management - TCM		99495	7 days following I/P discharge	1	\$240	200	\$48,000
	Transition of Care Management - TCM	99496	14 days following I/P discharge	1	\$160	200	\$32,000
	Cognition and functional assessment	GO505	Annual	1	\$227	200	\$45,400
Integrated Behavioral Health Initial psych care mgmt, 70 min - CoCM		G0502	once	1	\$143	100	\$14,300
	Subsequent psych care mgmt, 60 min - CoCM	G0503	every 30 days	12	\$126	100	\$151,200
	Initial/subsequent psych care mgmt, add 30 min CoCM	G0504	as needed	1	\$66	100	\$6,600
	Care mgmt. services, min 20 min	GO507	every 30 days	1	\$48	100	\$4,800
Remote Patient Monitoring RPM - Initial, set up and patient education		99453	Once	1	\$21	200	\$4,200
Effective Jan 2019 RPM - Monthly monitoring service		99454	every 30 days	12	\$69	200	\$165,600
	RPM - Monthly provider check in	99457	every 30 days	12	\$54	200	\$129,600
Preventive Health Screenings Depression Screening		GO444	Annual with subsequent AWV	1	\$35	500	\$17,500
	Alcohol and Drug Screening	GO442	Annual	1	\$18	500	\$9,000
	Alcohol/Substance Abuse Assessment and Intervention 15-30 min.	GO396	with positive initial screening	1	\$36	200	\$7,200
	BMI above normal	G8417	Annual		\$0	0	\$0
	Behavioral Therapy for Obesity ->15 min.	GO447	with positive initial screening	1	\$25	100	\$2,500
	Tobacco-Use Counseling > 3 -10 min	GO436	for asymptomatic patient	1	\$14	100	\$1,400
	Tobacco-Use Counseling > 10 min	G0437/99407	for symptomatic patient	1	\$27	100	\$2,700
	Diabetes self-management training	GO108	each 30 minutes	1	\$51	100	\$5,100
Diabetes Self Mgmt Education DSME Individual per one hour		GO108	once	1	\$107	250	\$26,675
	DSME Group per 30 minutes	GO109	as needed	4	\$28	100	\$11,200
ealth originating site facility fee	Originating site facility fee	Q3014	As needed	12	\$58	100	\$69,600

TOTAL NEW REVENUE Expense RN MA / Care Coordinator

\$1,354,475

\$65,000 \$32,000

\$1,257,475

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\*Applies to FFS Providers only

15

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