Stepping Up: Health Equity in Rural Hospitals Podcast Series

This podcast series brings together a variety of voices to elaborate on the steps rural hospitals can take to implement sustainable health equity programs and efforts.

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**Walking the Equity Walk**

Guests share the importance of internal diversity, equity, and inclusion adoption. Practical steps are discussed on how leadership can and should establish a diverse and inclusive culture.

*Featuring Benjamin D. Anderson, Vice President, Rural Health and Hospitals, Colorado Hospital Association and Dr. Jennifer Bacani-McKenney, Kansas Health Foundation Board and FP physician at Fredonia Regional Hospital and President of the Kansas Academy of Family Physicians*

**Community Equity Champions**

Guests guide listeners through the process of identifying, recruiting, and training rural health equity champions within their organizations and the community.

*Featuring Selena McCord, Community Program Manager, National Rural Health Resource Center and Jennifer Barbour, Director of Relations, Sparta Community Hospital*

**It All Starts with Data**

Guests provide insight into how a facility can adequately assess the needs of their rural community and translate that data into health equity programs and initiatives.

*Featuring Sarah Brinkman, Program Manager, Stratis Health and Shena Popat, Senior Research Scientist, Walsh Center for Rural Health Analysis at NORDC at the University of Chicago*

**The Way Forward**

Guests share stories of success, struggle, and next steps with health equity programs and initiatives in rural communities.

*Featuring Dr. Heidi Helgeson MD, MPH, Chief Medical Officer, Rio Grande Hospital and Andrew Thomas, Baylor University '23, Intern at Rio Grande Hospital*

This project is/was supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number U1URH24206, Information Services to Rural Hospital Flexibility Program Grantees, $1,560,000 (90% financed with non-governmental sources). This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government.