The goal of the Technical Assistance and Services Center (TASC) is to provide direct and timely information, education, tools, and resources that are easy for Flex Programs to use. TASC offers a variety of communication tools and technical assistance services.

Communication Tools

- **TASC website**
- TASC e-mail listservs
- **TASC 90, Virtual Knowledge Groups (VKGs),** and other educational webinars
- **Podcasts**
  - Also found on [iTunes](https://www.apple.com/itunes/) and [Google Play](https://play.google.com/)
- **Flex Program Forum**
- Monthly electronic newsletter, *Rural Route*
- Social media
  - [LinkedIn](https://www.linkedin.com/)
  - [Facebook](https://www.facebook.com/)
  - [Twitter](https://twitter.com/)

Technical Assistance

- Questions and answers via email and phone
  - E-mail: [tasc@ruralcenter.org](mailto:tasc@ruralcenter.org)
  - Telephone: (218) 727-9390 or (877) 321-9393
- Educational presentations (onsite or virtual)
- **Online resource library**
- Consultant and speaker referrals
- Educational guides and manuals