



NATIONAL RURAL HEALTH RESOURCE CENTER

CRITICAL ACCESS HOSPITAL RECOGNITION: FY2019 INNOVATIVE CARE COORDINATION IMPACTING POPULATION HEALTH

Lexington Regional Health Center

Lexington, Nebraska

Lexington Regional Health Center (LRHC), located in Lexington, Nebraska, was one of only four critical access hospitals that received national recognition for demonstrating innovative care coordination initiatives to improve population health.

Positive Outcomes

- Lexington Regional Health Center had an 82% reduction in readmissions from 4th quarter 2012 to 2nd quarter 2017. Care coordination efforts and better management of chronic conditions were the primary drivers.

Top Accomplishments

LRHC is committed to keeping pace with health care transformation, which is key to sustaining access to health services for the community. This commitment is evident through their care coordination work with patients having chronic conditions and their population health program. In 2018, the transitional care team was able to shift their home visit model into transitional care management and chronic care management, which are now billable services. Currently, the team's efforts continue to focus on the previously implemented interventions in addition to continuing to move the practices forward. They have started to look at data and drill down readmissions by payer class, primary diagnosis, discharge disposition, behavior health comorbidities, and days since discharge. Looking at this data has allowed them to continue to make strides in the quality of care they provide. They continue to work on building relationships and care practices with the assisted living facilities and nursing homes in their area through quarterly luncheons to discuss patient care collaboration.

"CAHs are uniquely positioned to identify and respond to barriers and challenges to general health," Chief Executive Officer Leslie Marsh said. "Community Health Workers are one way we work to more effectively serve our diverse community. We understand the honor, privilege, and obligation that is inherent in health care and in optimizing health through innovation. The LRHC team is working hard to make a meaningful difference in the lives of those we serve. LRHC's mission and values are not just words on the wall that serve to remind us of our purpose – they are who we are and what we do."



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