Pemiscot County Memorial Hospital

HAYTI, MISSOURI 63851
1. Hospital visits with patients who smoke.
2. Back to school fair to talk to parents about the harmful effects of second hand smoke and offer Chantix coupons if currently smoking.
3. Health fair to increase public awareness of the consequences of tobacco use.
4. Inviting care team members to community events.
5. Holding “Gentle Yoga” classes at local Community Center two days weekly to educate participants the importance of deep breathing and stretching exercises.
6. Volunteering to teach Science and Math at GED classes.
Hospital/Clinic Sharing: Next Steps to Support Full Implementation

- To institute smoking cessation groups by facilitating monthly meetings.
- Communicating with patients who smoke with follow up calls after hospital discharge.
The target population is patients who are current or former smokers who have frequented the Emergency Room Department 3 or more times with respiratory symptoms due to COPD, asthma, bronchitis, and/or pneumonia.

The Implementation strategies are educating the public about the harmful effects of smoking, informing them of the available resources and services in the community, and encouraging smokers to attend monthly smoking cessation meetings.