



## Rural Health Value Tools and Resources for Small Hospital Administrators and Boards

<http://www.RuralHealthValue.org>

### Tools and Assessments

#### **[New! Critical Access Hospital Financial Pro Forma for Shared Savings](#)**

Excel-based financial modeling tool to help critical access hospitals assess the financial implications of joining a Medicare Shared Savings Plan Accountable Care Organization. (378 KB Excel)

#### **[Critical Access Hospital Financial Pro Forma](#)**

Excel-based financial modeling tool to help rural hospitals explore long term financial projections under the current Fee For Service (FFS)/cost-based reimbursement systems. (121 KB Excel)

#### **[New! Demonstrating Critical Access Hospital Value: A Guide to Potential Partnerships](#)**

Using a market based approach, this guide assists CAH leadership in identifying ways to demonstrate the value they bring to potential partners including networks, affiliations, payers, community-based organizations, or accountable care organizations. (5-page Word Doc.)

#### **[Engaging Your Board and Community in Value-Based Care Conversation](#)**

Resource list of conversation starting questions to help rural health care leaders start value-based care discussions with board and community members. (4-page PDF)

#### **[Physician Engagement - A Primer for Healthcare Leaders](#)**

Resource package that highlights the importance of physician engagement and describes strategies and tools to build effective physician relationships and trust. (6-page PDF and additional resources)

#### **[Value-Based Care Assessment Tool](#)**

Comprehensive Value-Based Care Strategic Planning Tool (VBC Tool) that assesses 121 different value-based care capacities in eight categories. (Online assessment tool, various additional resources)

#### **[Understanding the Social Determinants of Health: A Self-Guided Learning Module for Rural Health](#)**

**[Care Teams](#)** - Developed to help rural health care organizations learn more about the concept of social determinants of health, and encourage rural leaders and care teams to support activities that help address these issues and improve health in their communities. (15-page PDF)

**[Using Data to Understand Your Community](#)** - Summary of useful websites (and how you might best use them) that include demographic, population, health, and other data for ZIP code, city, county, and state-level geographic areas. (6-page PDF)

## Briefs and Reports

### **[New! Catalog of Value-Based Initiatives for Rural Providers](#)**

Summarizes rural-relevant, value-based programs currently or recently implemented by the Department of Health and Human Services (HHS), including the Centers for Medicare & Medicaid Services (CMS) and the Center for Medicare & Medicaid Innovation (CMMI). (24-page PDF; updates and additions made approximately quarterly)

### **[How Hospital Leaders Can Build Good Working Relationships with Physicians](#)**

Brief that explores potential barriers to physician engagement and discusses strategies to help hospital leaders build good working relationships with physicians. (4-page PDF)

**[Emergency Department Super Utilizer Programs](#)** - 'Super utilizer' patients often present to the emergency department with chronic and low acuity health concerns that are inappropriately addressed in a setting designed to care for acute, episodic, and emergent health conditions. Super utilizer programs typically facilitate alternative care models such as enhanced primary care coordination and social service assistance. This white paper describes super utilizer program design, implementation, operation, and assessment. (15-page PDF)

### **[Innovation in Rural Health Care: Contemporary Efforts to Transform into High Performance Systems](#)**

Summary paper from roundtable discussions that offers themes, strategies, and perspectives on overcoming challenges related to health care innovation in rural communities. Includes a summary of the innovations across a variety of rural and frontier organizations. (14-page PDF)

## Profiles of Innovative Rural Providers

Brief reports that describe activities of rural health care innovators. Most innovations highlighted in the Profiles are in progress, and the Profiles focus on these exciting examples that show promise in improving health, improving care, and lowering costs.

All Profiles can be found at <http://cph.uiowa.edu/ruralhealthvalue/InD/Profiles/>

***More than 15 profiles are available, a sampling is below:***

**[Global Budget Process as an Alternative Payment Model:](#)** McCready Health regularly monitors and adjusts fees to achieve budget goals within Maryland's all-payer hospital rate-setting system.

**[Health Outside Hospital Walls:](#)** Chadron Community Hospital and Health Services, Chadron, Nebraska, offers healthy living options and fills health services gaps within the community—expanding care beyond the treatment and recovery of individuals to include a focus on overall population health

**[Integrated Care in a Frontier Community:](#)** Southeast Health Group has developed a fully integrated care model to support patients in frontier communities in southeastern Colorado. Its care coordination focuses on wellness and addresses nonmedical obstacles to overall health.

**[Using Community Connectors to Improve Access:](#)** The Community Connector Program aims to increase access to home and community-based services by creating alternatives to institutionalized living and improving the quality of life for elderly and adults with physical disabilities while maintaining or decreasing costs. (Tri County Rural Health Network, Helena, AR)