

IBH's vision is to provide whole-person care through the integration of behavioral health by engaging and educating the community in coordinated care. Integrating behavioral health is a key strategy of success towards the progression of population health and value based care.



Sanford Jackson Medical Center

Sanford Jackson Medical Center is a 20-bed critical access hospital located in Jackson, Minnesota. They are dedicated to providing high quality, affordable, and compassionate health care services for families throughout Jackson County and the surrounding area.

In 2016, the hospital began participating in Rural Health Innovation's IBH Program funded by the Minnesota Department of Health, Office of Rural Health and Primary Care.

// Project Goal

Prevent behavioral health (BH) crisis-related readmissions within 60 days of another visit

// Target Population

Adults (18-60 years old) in a BH crisis

// Strategic Objectives

- Workgroup topic areas
- Streamline coordination
- Share information/education


// Top Accomplishments

- Continue to maintain and monitor data
- Increased utilization of Southwest Mental Health for patient care rather than placing patient on 72 hour hold
- More appropriate level of care

// Positive Outcomes Within 12 Months

- Decreased number of emergency department (ED) clinic visits
- Decreased number of patients presenting to the ED with BH disorder, depression, anxiety, or substance abuse as primary encounter diagnosis
- Decreased percentage of BH patients discharged from ED to an inpatient BH facility
- Decreased number of 72 hour holds placed for residents of Jackson County

Decreased median length of stay (time in ED) for patients with BH primary encounter diagnosis

Pre-project	Quarter 2 2018	Quarter 3 2018	Quarter 4 2018	Quarter 1 2019
				
4:48 hours	2:45 hours	2:45 hours	3:01 hours	2:56 hours