Pathways to Value

2015 Flex Program Reverse Site Visit

June 23-24, 2015
Bethesda, Maryland

DoubleTree by Hilton - Bethesda
Charting the Course:

Federal Critical Access Hospital Policy and Regulatory Update Panel

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First Things First

Care Redesign
- PCMH
- Clinical Integration
- Care Management
- Post-acute Care
- EHR
- Data Analytics

Care redesign must not outpace Changes in payment

New Payment Arrangements
- Care Transformation Costs
- Care Management Payments
- Shared Savings
- Episodes of Care Payments
- Global Payments

Population Health Transformation

Source: Joseph F. Damore, Premier Health Alliance, March, 2015
The IHI Triple Aim

Population Health

Experience of Care

Per Capita Cost
Copper Queen Community Hospital

- 14-bed acute-care critical access hospital in Bisbee, Ariz.
- Located in a geographically remote area of southern Arizona near the U.S. border with Mexico
- The hospital’s service area is approximately 2,500 square miles
- Telemedicine programs include: trauma (AZ University Medical Center), neurology (Mayo Clinic), cardiology (Carondelet), cardio pulmonology (TMC/ Pulmonary Assoc. of So. Ariz.), ER burn (Grossman St Luke’s), and pediatrics (Banner Cardin Children's Hospital)
All clients enrolled in the Colorado Accountable Care Collaborative (ACC) have a PCMP.

Colorado Access will pay participating PCMHs $2 per member per month, plus another $1 per month for: reductions in 30-day readmissions, ED visits, and high-cost imaging.

Starting with patients who have diabetes, hypertension, or a combination of both.

Developed provider teams and a process for assigning patients to those teams.

Hired two patient navigators who have been extensively trained in health coaching.

IT department has been actively involved in creating new ways to track and monitor patients.
Nebraska Regional Provider Network
Network Affiliation that Preserves Hospital Independence

Goals of the RPN:
1. Form a clinically integrated organization that will improve the quality and efficiency of the care being delivered.
2. Develop payer relationships and payment structures that align incentives to reduce cost and promote higher-quality care.
3. Reduce the cost of delivering care through shared services.
4. Develop the optimal IT infrastructure for managing population health.
Blue Cross Blue Shield has contracted with IL-RCCO to provide the Intensive Medical Home model for ICAHN members.

Composition of IRCCO:
- 21 CAHs across Illinois
- 370,000 lives, and more than 80,000 Medicare beneficiaries

Strategic Next Steps:
- Hospital board education
- Operation of care coordination specifically for outpatient services
- Creation of an IT infrastructure to collect and analyze data

Blue Cross Blue Shield has contracted with IL-RCCO to provide the Intensive Medical Home model for ICAHN members.
• Legacy member of the Kentucky Trauma Advisory Committee.
• Certified as the first Level IV Trauma Center in Kentucky.
• Project HOME (Helpful Opportunities for Medical care Enhancement) combines diverse partners to assist patients find a medical home decreasing unnecessary ED visits by 62 percent.
• Provider based rural health clinics are NCQA recognized as level 2 and 3 Patient Centered Medical Homes.
• Project COPE (Cancer Outreach Prevention and Education) is a collaboration to address a high prevalence of breast and lung cancers.
• Initiating community wellness programs for local employers.
Hearts Beat Back: The Heart of New Ulm Project
Population Health

Reducing Heart Attacks and Heart Disease

- Free heart health screenings in community with annual wellness visits
- Assessment of biometric health measurements and lifestyle behaviors
- Partnerships with restaurants to offer more healthful menu options
- Social marketing campaigns and engagement with local employers
- Electronic Health Record: monitoring individual and population health
- Public health innovations around tobacco use, nutrition, and exercise

Since 2009, increased the percentage of adults age 40-79 within the recommended range for:
  - Blood pressure from 79 to 84 percent
  - LDL cholesterol from 68 to 72 percent; and
  - Total cholesterol from 58 percent to 65 percent.
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