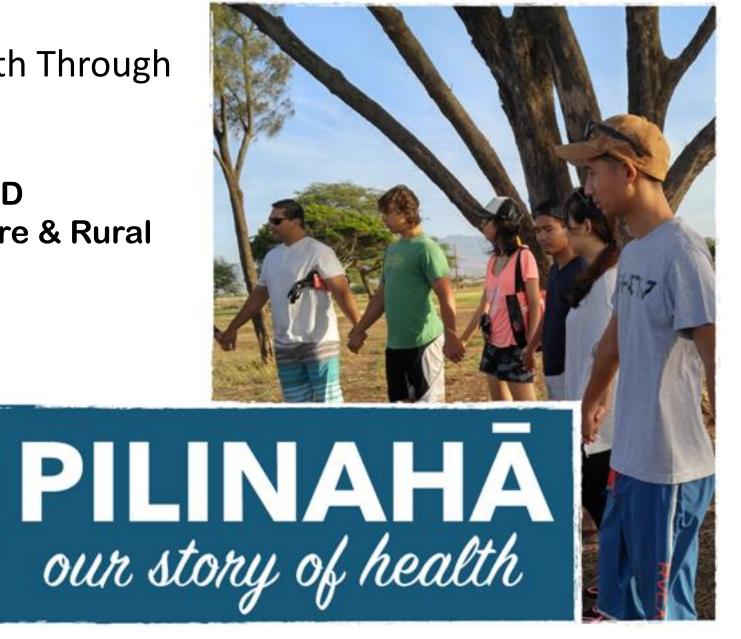
Supporting Population Health Through Collaboration

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July 17, 2018



Overview

- Using the Prevention Institute's Tools for Health and Resilience In Vulnerable Environments (THRIVE) methodology, the Office of Primary Care and Rural Health worked with the Hawaii Public Health Institute, Papa Ola Lokahi, and the Islander Institute to conduct a series of "Talk Story" sessions in seventeen different communities on five different islands. From these sessions came the framework for Pilinahā.
- Hospitals were an important part of the community coalition and we had participation from five critical access hospitals (CAHs) and five rural hospitals.

Why Pilinahā?

- Pilinahā comes from the Hawaiian word pilina, meaning connection, relationship, association, and hā, which means life and is also a shortened version of the word four. So the four connections for health.
 - To your better self
 - To others
 - To place
 - To past & future





FINDING your gift

knowing your Body

wholeness in the face of "illness"

telling your story



ASSESSING CONNECTION TO YOUR BETTER SELF

What is the story of the last time you felt healthy?

When was the last time you felt really good about something you did?

Do you feel good about the food you are putting into your body?

Do you feel good about the roles you play? At home?

At work?

Why this project?

- We wanted to do something that got the community thinking about health beyond clinical care.
- THRIVE relies on the input from the community to talk about their community as a place of health or unhealth.
- THRIVE also provided tools to the Office of Primary Care and Rural Health (OPCRH) to better include the community in community health needs assessments (CHNAs).

Intended Goals

- The formation of community health leadership committees
- Reframe the discussion about health
- Creation of island and statewide networks on this broader definition of what constitutes health
- To grow the network to include more communities within the state





ASSESSING
CONNECTION TO
OTHERS

What is the story of a person you feel closest to?

Do you get good quality time with your 'ohana?

Do you have someone you can trust and turn to when you need help?



Challenges

- Trying to get a community to think about a definition of health from an asset-based approach on what makes us healthy and well as opposed to being without sickness was initially more difficult than anticipated. The process of the discussion itself is a transformative experience and therefore is as important as the the definition built through the process.
- Not all communities are the same. Some communities got it right away and others still need more work.
- Open community forums attract detractors also. You need skillful facilitators that allow the detractor to feel that they are heard, but not derail the process.

ASSESSING CONNECTION TO PLACE

What is the story of the place you call home?

What places are special to you?

How well do you know the people and places around you?

Do you have a place where you feel your best—a healing place?

Can you access the places you need to go?

our connection to PLACE



PRACTICES FOR DEEPENING CONNECTION

to **PLACE**

Aloha 'āina

MALAMA 'ĀINA

GROWING FOOD

MAPPING COMMUNITY

Accomplishments

- Seventeen community meetings on five different islands.
- Several one-on-one meetings with community leaders on six different islands.
- The beginnings of a network that focuses more on the needs of a community from a wellness perspective in all aspects of the communities activities and developments.

Left To Do

- Creation of an electronic roadmap for the communities to use.
- Revisiting the communities with the electronic roadmap and how to use it.
- Working with communities as they continue to develop their network.
- Recruiting new communities.



our connection to PAST & FUTURE

PRACTICES FOR DEEPENING CONNECTION

to PAST & FUTURE

cultural understanding & Appreciation

traditional practices

ASSESSING CONNECTION TO PAST & FUTURE

What is the story of your ancestry?

Do you feel you are making your ancestors proud?

When was the last time you listened to an elder?

What do you do for the future generations?

What is your happiest memory of someone who has passed on?



Measuring Impact

- We want to see communities engaging more with the four connectors of health.
- Hospitals have a significant place in dealing with a community's health, especially in the CHNA process.
- We hope to see a better representation of these connections in the CHNAs as we move forward and, as a result, better outcomes in key areas of the population's health.

apply PILINAHA to build a better health system?

Health insurance

Public funding + philanthropy

Human services

Social determinants of health

Healthcare professionals

Public policy

Business Pract

Healthy lifestyle



Questions?

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