The Art of Feedback

Learning Facilitator: Jo Anne Preston

Workforce & Organizational Development Sr. Mgr.

jpreston@rwhc.com

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Today we will explore:

- 1. Why feedback is so important for health care teams
- 2. A model for delivering effective feedback
- 3. Opportunities to practice giving difficult feedback
- 4. How to manage challenging responses to feedback
- 5. Tips for gracefully receiving feedback

Why feedback matters:



Chat a characteristic of someone who you can hear the tough message from





Managers and Leaders Must:

- Select good people
- Define clear expectations
- Provide recognition

Care

Marcus Buckingham, Author of <u>The One Thing</u> You Need to Know About <u>Great Managing, Great Leading, and Sustained Individual Success</u>

More from "The One Thing..."

"Fake caring is worse than no caring"

"If you don't care about people, get out of management"

 Marcus Buckingham, Author of <u>The One Thing You Need to Know</u> <u>About Great Managing, Great Leading, and Sustained Individual</u> <u>Success</u>

Challenges and Opportunities

In your small group, discuss what challenges you most when you need to give feedback.

One person keep a list of the themes and share with the larger group when you are done.

What are employees thinking?

- What am I supposed to do? (*Managing expectations*)
- Once I know,, how am I doing? (*Providing feedback*)



Leaders are paid to:

- Set and meet goals
- Create and meet budget
- Foster a welcoming culture
- Meet productivity targets
- Recruit and retain employees
- Structure the work

So why **DON'T** employees do what they are supposed to do?

Often it's that they don't know-

- What they are supposed to do
- How they are supposed to do it
- Why they are doing it
- Who it matters to

Can't/Won't!

Unwilling and Unable	Unwilling but Able
Willing and Able	Willing but Unable
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Set the Stage



Effective Feedback-Feed *Forward* Is:

1. Specific

- About behaviors/actions,* not characteristics/judgments
- Clear about the result or effect of the behavior
- Clear about future expectations of behavior
- 5. Clear about consequences

The BEARRR model:

- Behavior
- Effects of Behavior
- Ask
- Results/Reinforce/
 Recognize



It doesn't always go as planned....



Addressing Difficult Responses to Feedback

- Anger/Attack
- Defensiveness/Denial
- Passing the Buck
- Silence
- Indifference
- Despair
- Superficial Agreement

Feedback Practice Groups:

- A the manager giving feedback
- B the employee
- C Other(s) are observers (your "phone a friend" resource if you need one!)
- Take a few minutes to create your "giving feedback" scenario based on the previous "judgments/ behaviors" discussion
- Employee, give some thought to how you might react to feedback with one of the defensive behaviors
- Practice it!

Practice Debrief

- Did you get derailed?
- Employees & Observers, what did the person giving feedback do effectively?
- Who controlled the conversation?
- Will the conversation improve performance?
- Was the working relationship improved?

Basic Themes to Keep in Mind:

- Say what you see
- Keep your intention front and center
- Be prepared to be flexible: but don't get derailed
- Be open to personal accountability but not hard on yourself

Being on the receiving end

- Assume goodness
- Don't defend
- "Tell me more" vs "But..."
- THANK them
- Be THAT kind of leader Why?
- Ask yourself, "who might say I am NOT that kind of leader?"

Questions and discussion