



# TAKE YOUR HEALTH IN THE RIGHT DIRECTION

**1 out of 8 women in the US will develop breast cancer in her lifetime. 3 out of 4 have no family history.**

Early detection saves lives. Getting regular mammograms can catch cancer sooner when treatment options are less aggressive—and outcomes are more positive.



If you're over the age of 40, call **123.456.7890** to schedule your mammogram or learn more at **[HospitalAddress.com](https://HospitalAddress.com)**.

*If you have a family history of breast cancer talk to your provider; you may need to start screenings earlier.*