**NRHRC   
Toolkit 2**

**Preventative Screenings Social Posts**

**MASTER PREVENTATIVE SCREENINGS POST**

Prevention is the best medicine! Stay current on annual wellness visits to get the screenings you need to take your health in the right direction. These regular healthcare checks can also detect problems sooner, before they turn into something more serious. Important for the entire family, call to schedule these preventative visits today!

**MAMMOGRAM/BREAST CANCER POST**

Breast cancer is not biased. Even if you’re at your healthiest or don’t have a family history of cancer, a breast cancer diagnosis can happen to anyone. That’s why regular mammograms are so important. With this important screening you can catch cancer sooner, when treatment options are less aggressive—and outcomes are more positive. Take your health in the right direction. Schedule your mammogram today at ***<personalization here>.***

**MAMMOGRAM/BREAST CANCER POST**

One out of eight women in the U.S will develop breast cancer in her lifetime. Three out of four women diagnosed have no family history of the disease. But with regular mammograms, cancer is detected early when treatment options are less aggressive—and outcomes are more positive. Take your health in the right direction. Schedule this important screening at ***<personalization here>.***

**COLONOSCOPY POST**

Regular colonoscopies detect cancer sooner, when it’s easier to treat—and beat. And during your screening, providers remove pre-cancerous polyps which prevents cancer from developing, long before you’d feel symptoms. If it’s time for you to have this important screening, don’t wait. Schedule your colonoscopy and take your health in the right direction. **<personalize>**

**COLONOSCOPY POST**

Colon cancer is the nation’s second deadliest cancer for men and women combined. But with regular colonoscopies, you have your best chance to catch cancer early when it’s easier to treat, beat—and prevent. During your screening, pre-cancerous polyps are removed before cancer can develop. Don’t miss this important opportunity to take your health in the right direction. Schedule a colonoscopy at **<personalize>.**

**MEDICARE WELLNESS VISIT POST**

If you’ve been enrolled in Medicare for at least a year, schedule your free Medicare wellness visit and take your health in the right direction. This no-cost, no-deductible visit is the perfect opportunity to talk to your doctor about health goals and get screenings that detect problems before they turn into something more serious. Schedule your free Medicare wellness exam right here, at **<personalize>.**

**MEDICARE WELLNESS VISIT**

Take your health in the right direction. Get your annual Medicare wellness visit—it’s free, easy and right here! If you’ve been enrolled in Medicare for at least a year, take advantage of this no-pay, no-deductible visit and get the screenings you need to stay your healthiest. Call to schedule your free wellness exam at **<personalize>.**