### Medicaid (MA) Paid Behavioral Health Services in MN

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### Objectives

- Help viewers understand what MA pays for with regards to Behavioral Health (BH) services in MN
- Help viewers understand how reimbursement is determined for these Medicaid (MA) services in MN
- Help viewers understand who can provide services for MA reimbursement
- Help viewers understand where there are resources to find this information

### How are services funded ?

- Mental Health Grants
  - Helps to fill gaps in service array
  - Can pay for uninsured/underinsured
- Federal (Medicaid) and the State matching funds.
- County Levy dollars
- Federal Block grant dollars
- Other Grants
- Private pay

### WHAT IS MEDICAID?

- Medicaid is a federal-state program
- 1965- companion legislation to Medicare Parts A and B (Title XIX Social Security Act)
  - The Centers for Medicare and Medicaid Services (CMS)
- Entitlement Program (a government program that guarantees certain benefits to a particular group or segment of the population)
- Means tested- children, disabled, etc. (low income)
- The program is also the principal source of long-term care coverage for Americans. (Medicare does not cover)
- As the nation's single largest insurer, Medicaid provides significant financing for hospitals, community health centers, physicians, and nursing homes, and jobs in the health care sector.
- Medicaid covers a broad array of health services and limits enrollee out-of-pocket costs.

### Medicaid

- MA is Minnesota's largest health care program and serves children and families, pregnant women, adults without children, seniors and people who are blind or have a disability.
- Most people who have MA get health care through health plans (Manage Care Organization –MCO). You can choose a health plan from those serving MA members in your county.
- Members who do not get health care through a health plan get care on a fee-for-service basis (FFS), with providers billing the state directly for services they provide.



### **Community Based Behavioral Health Services**

## COMPREHENSIVE MENTAL HEALTH ACT Role of the County

• 1987/1989 Minnesota Comprehensive Mental Health Act (Adults/Children)

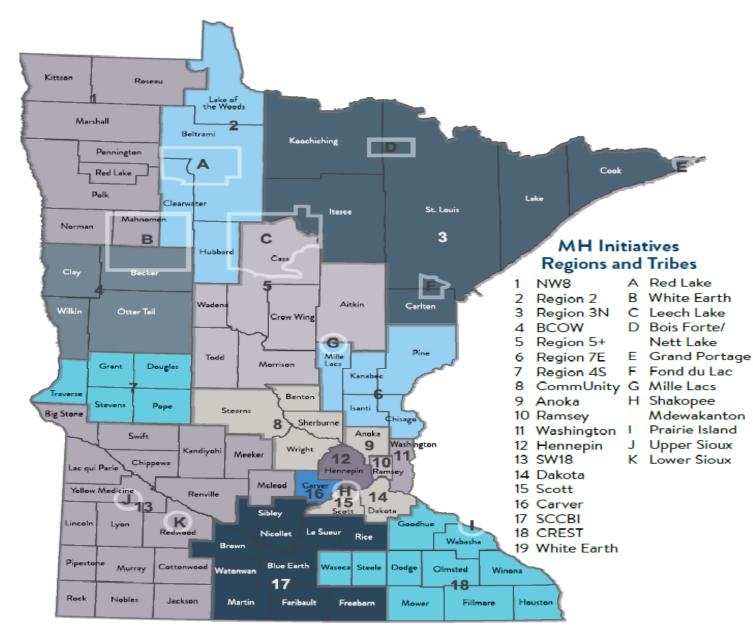
- mandated that all counties provide an array of services;
- the system would be county-operated and state supervised.

### Adult Mental Health Initiatives (AMHI)

• <a href="https://edocs.dhs.state.mn.us/lfserver/Public/DHS-7655-ENG">https://edocs.dhs.state.mn.us/lfserver/Public/DHS-7655-ENG</a>

DEPARTMENT OF HUMAN SERVICES

### **Adult Mental Health Initiatives**



# **Community Adult Mental Health Services**

- Inpatient Hospital
  - Community hospitals
  - Contract Beds
  - CBHH's
- Crisis
  - Residential
  - Outreach/Mobile
  - Certified Peer Specialist
- Intensive Residential Treatment Services (IRTS)
  - Certified Peer Specialist
- Assertive Community Treatment (ACT)
  - Certified Peer Specialist
- Partial Hospitalization
- Targeted Case Management (TCM)
- Behavioral Health Homes (BHH)

- Adult Day Treatment
- Adult Rehabilitative Mental Health Services (ARMHS)
  - Certified Peer Specialist
- Medication Management (Psychiatry)
- Psychotherapy
  - Individual
  - Group
- Dialectical Behavior Therapy (DBT)
- Housing Supports
  - HASAMI (Tenancy Supports)
- Other Community Support Program's (CSP's)
  - Drop –ins

# Community Children's Mental Health Services

- Inpatient Hospital
  - Contract Bed
- PRTF's
- Children's Therapeutic Services and Supports (CTSS)
  - community and school
- School linked based services
- Targeted Case Management (TCM)
- Behavioral Health Homes
- Outpatient Services

### • Youth ACT

- Crisis: Mobile (no residential yet but has respite)
- Intensive Treatment Foster Care
- Early Intensive Developmental and Behavior Intervention (EIDBI)

# Outpatient Rule (Rule 47)

- For adults and children unless otherwise specified
- 9505.0370, 9505.0371, 9505.0372
  - Covers the following service types
    - Diagnostic Assessment
    - Psychotherapy
    - Med management
    - Neuropsychological testing
    - Adult day treatment (paid under rehab)
    - Dialectical Behavior Therapy (DBT) (paid under rehab adult only)
    - Partial Hospitalization (paid under rehab)
    - Explanation of Findings

# Other Support Needs

- Housing
- Waivers
- Personal Care Assistant (PCA)
- Employment
- Transportation
- Social
- Family/Caregiver supports

# Certified Community Behavioral Health Clinical (CCBHC)

• <u>https://www.dhs.state.mn.us/DHS-294813</u>

#### Provider Manual

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#### DEPARTMENT OF HUMAN SERVICES

Substance Use Disorder Services (SUD)

DHS Home CountyLink Home Manuals Home Bulletins	Advanced Search Search
Show/Hide Table of Contents >	> Provider Manual > CCBHC Federal Demonstration Project
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Table of Contents	Certified Community Behavioral Health Clinic (CCBHC) Federal Demonstration Project
Nember Evidence of Coverage (EOC)	Certified Community behavioral nearth Cinic (CCBrC) rederal Demonstration Project
IN-ITS User Manual	Revised: January 31, 2019
itest revisions to this Manual	
ovider Basics	Overview
cupuncture Services	Eligible Providers
mbulatory Surgical Services	Eligible Recipients
nesthesia Services	CCBHC Covered Services
ehavioral Health Home Services	Noncovered Services
CBHC Federal Demonstration Project	Billing Expanded CCBHC Covered Services
hild and Teen Checkups	Additional CCBHC Billing and Payment Provisions
Thiropractic Services	Legal References
linic Services	Overview
ommunity Emergency Medical Technician (CEMT) Services	
ommunity Health Worker	The CCBHC project is a federal demonstration project that is measuring how an integrated community clinic model of care can improve service quality and accessibility. CCBHCs do the following:
iommunity Paramedic Services	
W-TCM	Provide integrated, evidence-based, trauma informed, recovery-oriented and person-and family-centered care
ay Training & Habilitation (DT&H)	Offer the full array of CCBHC-required mental health, substance-use disorder (SUD) and primary care screening services
ental Services	Have established collaborative relationships with other providers and healthcare systems to ensure coordination of care
arly Intensive Development and Behavioral Intervention (EIDBI)	Effective dates for this federal demonstration are from July 1, 2017, through June 30, 2019. For more information, refer to the CCBHC webpage.
W and AC	Elective dates for dis redenaries adon are non-july 1, 2017, dirough jule 30, 2015. For more information, refer to the <u>county webpage</u> .
quipment and Supplies	Eligible Providers
ssential Community Supports (ECS)	
CBS Waiver Services	Eligible CCBHC providers are limited to the six organizations certified to participate in the CCBHC federal demonstration. Participating CCBHCs are enrolled MHCP service providers for all CCBHC services that have been certified as meeting the required federal cr
earing Aid Services	(PDE) and state standards.
ome Care Services	CCPUC excludes extiled to exclude the demonstration and
lospice Services	CCBHC providers certified to participate in this demonstration are:
lospital Services	Northwestern Mental Health Center
lousing Support Supplemental Services	Northern Pines Mental Health Center
CF/DD	People Incorporated
EP	
mmunizations & Vaccinations	Ramsey County Mental Health Center
npatient Hospital Authorization	Wilder Mental Health and Wellness
ab/Pathology, Radiology & Diagnostic Services	Zumbro Valley Health Center
Adication Therapy Management Services	Eligible Recipients
Iental Health Services	
loving Home Minnesota (MHM)	All Minnesota Health Care Programs (MHCP) members are eligible for CCBHC services. "New" CCBHC clients, meaning they have not been served by the clinic in the six months prior to the current service, must meet one of the following to become a CCBHC client
ursing Facilities	
iptical Services	Receive a <u>preliminary screening and risk assessment</u> and one CCBHC service, or
	Receive a <u>crisis assessment</u>
CA Services	
Pharmacy Services	CCBHC Covered Services
Physician and Professional Services	Covered CCBHC services include the following existing and expanded services.
Rehabilitative Services	
Renal Dialysis	Existing MHCP services billed according to current MHCP requirements:
Reproductive Heal 3/01-14/2019	15
RSC-TCM	Adult crisis response services

Adult crisis response services

Adult day treatment

### **Community Based Substance Use**

 <u>https://mn.gov/dhs/partners-and-providers/news-initiatives-reports-</u> workgroups/alcohol-drug-other-addictions/sudreform/

#### Partners and providers

Program overviews

Policies and procedures

eDocs library of forms and documents

News, initiatives, reports, work groups

Training and conferences

Contact us

Grants and RFPs

Licensing

IT systems and supports

### Substance use disorder reform

Since 2012, the Minnesota Department of Human Services has been working with individuals, providers, counties and stakeholders to update our substance use disorder (SUD) treatment system. In January 2017, <u>Substance Use Disorder System</u> <u>Reform - Report and Recommendations (PDF)</u> was presented to the legislature, and during the 2017 session, significant components of the SUD Reform plan were passed. This page provides information about SUD Reform, including the new services and implementation timeline.

#### Overview of SUD Reform

- Presentation: Substance use disorder reform (PDF)
- Fact sheet: Substance use disorder reform (PDF)
- Presentation: Direct access and Rule 25 changes (PDF)
- Presentation: Paying for substance use disorder treatment services (PDF)
- <u>Report:</u> Substance Use Disorder Reform: Improving services, increasing access, and building a continuum of care for all of Minnesota (PDF)
- MN's Plan for the Prevention, Treatment and Recovery of Addiction (PDF)
- 2017 Listening Session Report Making Connections (PDF)
- Preserving Rule 25 Assessor Workforce Proposal DRAFT
   For Discussion Only (PDF)
- 2018 Minnesota's Plan for the Prevention, Treatment and Recovery of Addiction (PDF)

### Information for counties and providers

- Moving to direct access
- SUD Treatment Program Regulations
- SUD Services
- SUD Implementation Timeline
- WebEx Presentations

FAQs

- 2018 Stakeholder Engagement Plan
- Stakeholder Engagement Resources





### **Providers of Services**

### Professionals

### **Mental Health Professionals**

The following mental health professionals may enroll with MHCP:

- <u>Clinical nurse specialist (CNS)</u>
- Licensed independent clinical social worker (LICSW)
- Licensed marriage and family therapist (LMFT)
- Licensed professional clinical counselor (LPCC)
- Licensed psychologist (LP)
- Mental health rehabilitative professional
- Psychiatric nurse practitioner (NP)
- Psychiatry or an osteopathic physician
- Tribal certified professionals

# **Other Staffing Levels**

### **Mental Health Providers**

The following are not eligible to enroll as an MHCP provider:

- Adult mental health rehabilitation worker
- <u>Certified peer specialist</u>
- <u>Mental health practitioner clinical trainee</u>
- Mental health behavioral aide (CTSS only)
- <u>Mental health practitioner</u>
- Mental health case manager or case manager associate



### Reimbursement for Services

### 42 CFR 447

<u>https://www.govinfo.gov/app/details/CFR-2006-title42-vol4/CFR-2006-title42-vol4-part447</u>

### Resources

- MHCP Provider Manual Home Page
  - <u>http://www.dhs.state.mn.us/id\_000094</u>
- MHCP Provider Manual Mental Health
  - http://www.dhs.state.mn.us/id\_058037#
- MHCP Provider Manual Substance Use Disorder Services (SUD)
  - http://www.dhs.state.mn.us/ID\_008949
- BHD Website
  - <u>https://mn.gov/dhs/people-we-serve/adults/health-care/mental-health/programs-services/</u>
  - <a href="https://mn.gov/dhs/people-we-serve/children-and-families/health-care/mental-health/programs-services/">https://mn.gov/dhs/people-we-serve/children-and-families/health-care/mental-health/programs-services/</a>
  - <u>https://mn.gov/dhs/people-we-serve/children-and-families/health-care/alcohol-drugs-addictions/programs-and-services/</u>

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#### Provider Manua



Transportation Services

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Member Evidence of Coverage (EOC)		
MN-ITS User Manual	This online MHCP Provider Manual is your primary information source for MHCP coverage policies, rates and billing procedures and is updated on an ongoing basis. On the menu to the left:	
Latest revisions to this Manual	Review the <u>Provider Manual Table of Contents</u>	
Provider Basics	Find information for all providers under Provider Basics	
Acupuncture Services	• Find service/program-specific manual sections under the Provider Basics bullets in alpha-order	
Ambulatory Surgical Services	• Find service/program-specific mandar sections under the Provider basics bullets in apria-order	
Anesthesia Services	As an enrolled provider, you are responsible to check frequently for updates, changes, and additions. Sign up to get email notices of revisions specific to the services you provide.	
Behavioral Health Home Services		
CCBHC Federal Demonstration Project	Resources	
Child and Teen Checkups		
Chiropractic Services  Clinic Services	County Human Services Information (DHS-0005)	
Community Emergency Medical Technician (CEMT) Services	• <u>MN-ITS</u>	
Community Health Worker	CPT codes, descriptions and other data only are copyright 2016 American Medical Association. All Rights Reserved. Applicable FARS/HHSAR apply.	
Community Paramedic Services	Cer Lodes, descriptions and other data only are copyingnize to barrencan medical association. All rights reserved, Applicable PARs/HTSAR apply.	
CW-TCM	[+]Report/Rate this page	
Day Training & Habilitation (DT&H)		
<ul> <li>Dental Services</li> </ul>		
Early Intensive Development and Behavioral Intervention (EIDBI)		
EW and AC		
Equipment and Supplies		
Essential Community Supports (ECS)		
HCBS Waiver Services		
Hearing Aid Services		
Home Care Services		
Hospice Services		
Hospital Services		
Housing Support Supplemental Services		
ICF/DD		
IEP		
Immunizations & Vaccinations Inpatient Hospital Authorization		
Lab/Pathology, Radiology & Diagnostic Services		
Medication Therapy Management Services		
Mental Health Services		
Moving Home Minnesota (MHM)		
Nursing Facilities		
Optical Services		
PCA Services		
Pharmacy Services		
Physician and Professional Services		
Rehabilitative Services		
Renal Dialysis		
Reproductive Health/OB-GYN		
RSC-TCM 3/11/2019 Substance Use Disorder Services (SUD)		24
b Transportation Services		

### Resources, Continued

- Bed Tracker
  - https://www.mnmhaccess.com/
- FastTracker
  - http://www.fast-trackermn.org/
- DB101
  - https://mn.db101.org/

Minnesota Men	The Hub DB101 HB101 Disability Benefits				
MNMHA					Home Your Situation Disability Benefits 10 health coverage, benefits, and learn how work and benefits g
Service Area	Contact Us	Admin	Login		Welcome to DB
Home > Admin Log In User Name: search Password: •••••• ✓ Remember me next time. Recover Password Service Area Minnesota Hospital Associatio St. Paul, MN 55114   651 641-1	Log In IN AN EMERGENCY Con Find illne	yd Link to Mental Health & Substance Use Disorder Resources	Home       About         To request Login       Credentials to SEARCH         click on the "Contact us"       menu option. Complete         the form and click on       "submit."         Home       About		Your Situation         Take a personal approach to benefit information that applies to you.         Going to Work         Planning to work? Find support and learn how a job can affect y         Young People and Benefits         Transition from school to work is time in your life. Get a Smart Stic charge of your benefits so you a your future.         New to Benefits         Find out how disability benefits g and learn how to plan for change         Estimators         Benefits and Work Estimator
Copyright ©2019 www.mnmhaccess.co	m ?	Your Link to Mental Health Resources Mental Health		Your Link to Substance Use Disorder Resources Substance Use Disorder	Use the Benefits and Work Estimator to

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Contact Us: 🥒 1-866-333-2466 | 😳 Chat | 🔀 Email



# Thank You!

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